



WOMEN'S WELLNESS

Sacred Support Circle

Wednesday | 5:00-6:30PM

Starting February 16th, join Nora Ann Brucklacher, M.A., LMFT and the Clinical Director of Sierra Sunrise Wellness Group.

*Insurance is accepted.

\$50/session for an 8 week closed group*

Reserve a Space

Spaces are limited. Please call/email to reserve your spot in the group.

775-440-1256
sswginfo@hushmail.com
sierrasunrisewellness.com

About the Group

Together, we will create a sacred space to share, connect, and empower one another as we delve into ideas and concepts relating to the divine feminine. We will offer safe space and sisterhood as we explore mind, body, and soul principles of wellness, and we will cultivate an honoring of ancestors, those who have come before, those who are here now, and those who still have yet to be. We will honor many walks of life in an inclusive space that is intended for healing and reconnecting of the self in community with others who seek the same.

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